



لجنة جراحة العظام
مستشفى الهلال
HOTS
Helal Orthopedic
& Trauma Surgery

Ortho Summit

8TH ANNUAL ORTHOPEDIC TEACHING
CONFERENCE OF AL HELAL HOSPITAL

HOSPITAL MANAGER

Dr. Ahmed Hawas

MEDICAL COMMITTEE

Dr. Abd El-Moez Lotfy

CONFERENCE SECRETARY

Dr. Khaled Farouk

CONFERENCE PRESIDENT

Dr. Mohamed Awad

SCIENTIFIC DIRECTOR

Dr. Waleed Amr



15-16
October
2026

GEWAN CAIRO HOTEL



 **SPORTS**

 **KNEE**

 **SPINE**

 **HIP**

 **TRAUMA**

 **PEDIATRIC**

 **FOOT&ANKLE**

 **HAND**

 **SHOULDER**

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THURSDAY

DAY ONE



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REGISTRATION 8:00 AM – 8:30 AM

All Names are Arranged in Alphabetical Order

08:30 - 09:30AM

Deformity Correction HANDS ON WORKSHOP

Moderator:
MohamedElkersh

Mahmoud Eisa

Normal Lower LimbAlignment

Mohamed Elkersh

Roles of Osteotomy

Mahmoud Eisa

Coronal Plane Deformity

Ahmed Shaban

Sagittal Plan Deformity

Ibrahim Hantera

Exercise One

Ebaa Adel

Exercise Two

Mahmoud Eisa

Discussion : 10 min



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Session 1 (Sports)

Chairpersons:

Mohamed Azazy
Nabil Embaby

SabryManaa
Tarek Khalil

09:40 - 09:55 Recent Advances in ACL Reconstruction

Walid Reda

09:55 - 10:10 Multi-ligment knee Injury

Amr Rashwan

10:10 - 10:25 Indications of Ankle Arthroscopy

Mohamed Gomaa

Cases Scenarios:

10:25 - 10:35 Case 1: Hatem Abo El-Magd

10:35 - 10:45 Case 2: Mohamed Elwasify

10:45 - 10:55 Case 3: Mustafa Mesriga

Discussion : 10 min

Panel:

- Amr Rashwan
- Hatem Galal Zaki
- Khaled Farouk

- Tarek Khalil
- Waleed Harhash



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Session 2 (Hip)

Cases Scenarios:

11:15 - 11:25	Case 1: Ashraf El-Wakeel
11:25 - 11:35	Case 2: Waleed Amr
11:35 - 11:45	Case 3: Khaled Farouk

Discussion : 10 min

Panel:

- Ahmed Galal
- Ahmed Mohamed Samy
- Ashraf El-Wakeel
- Hazem Abd El-Azeem
- Mahmoud Samy

11:55 - 12:40

Part 2 – Periprosthetic Fractures:
What you need to know about ?

Moderator:

Panel:

- Abdelmoez Lotfy
- Ayman Ebied
- Ayman Soliman
- Mohamed Abo Elsoud
- Wael Samir

Opening Ceremony – Coffee Break

12:40 PM – 01:40 PM



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Session 3 (Foot & Ankle)

Chairpersons:

Adel Khames
Ahmed Mahrour

Hisham El-Ashry
Yamen Wanis

01:40 - 01:55 Endoscopic FHL Transfer in Achilles Tendonopathy
Ayman Eltabbaa

01:55 - 02:10 Resistant Plantar Fasciitis. How to Manage?
Ali Reda

02:10 - 02:25 Ankle Fractures in Pediatric Patients
(How to Assess proper Reduction?)
Amr Farouk

02:25 - 02:40 Tibial Plafond Fractures : Management Plan
Ahmed Khedr

Cases Scenarios:

02:40 - 02:50 Case 1: Ahmed Salah

02:50 - 03:00 Case 2: Ramy El-Shabrawy

03:00 - 03:10 Case 3: Mohamed Kamal

03:10 - 03:20 Case 3: Mohamed Kholief

Discussion : 10 min

Panel:

• Ahmed Shamma
• Ali Reda
• Amr Farouk

• Ramy El-Shabrawy
• Wageeh Mousa



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Break

03:45PM–04:00 PM

Session 4 (Pediatric)

Chairpersons:

HassanEl-Barbary
Sherif Ismael

Nehad Al-Mahbob
Wael Badr

04:00 - 04:15 Management of Sequelae of Septic Epiphysitis of Hip

Tarek Hassan

04:15 - 04:30 Ilio-Femoral Distraction

Mohamed Hegazy

04:30 - 04:45 Controversies in Management of Neglected
Lateral Condyle
Mohamed El-Hawary

04:45 - 05:00 Controversies in Internal Fixation of SCFE

Ebaa Adel

Cases Scenarios:

05:00 - 05:10 Case 1: Ahmed Shaban

05:10 - 05:20 Case 2: Sherif Ismael

05:20 - 05:30 Case 3: Mahmoud Eisa

Discussion : 10 min

Panel:

- Hassan El-Barbary
- Mohamed Hegazy
- Mohamed Hosny

- Shady Samir
- Tarek Hassan

05:40 - 06:10 PM

Adolescent Nail Workshop

HANDS ON WORKSHOP

Moderator:
Abdelmoez Lotfy



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FRIDAY

DAY TWO

REGISTRATION

8:00 AM – 8:15 AM

08:15 - 08:45AM

Posterior Cervical Instrumentations

HANDS ON WORKSHOP

Moderator:

Ashraf Ismail
Saleh Elbakary

Saeed Eldeeb

Session 5 (Spine)

Chairpersons:

Abdel Fattah Saoud
Ihab Hosny

Magdy Gamal
Mohamed Farghaly

08:45 - 09:00

PRP in Spine : New Generations with New Techniques

Ahmed Gamil

09:00 - 09:15

Sagittal Balance Update

Ashraf Ismail

09:15 - 09:30

MIS Sacroiliac Joint

Mohamad Fouad

Cases Scenarios:

09:30 - 09:40

Case 1: Al-Qassem Amin Mahmoud

09:40 - 09:50

Case 2: Saleh Elbakary

Discussion : 10 min

Panel:

• Ashraf Ismail
• Ahmed Morsi
• Ihab Omran

• Saeed Eldeeb
• Wael Kobtan



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10:00 - 10:15

Role of Vitamin B Complex in Nerve Injury

Waleed Amr

Session 6 (Shoulder)

Chairpersons:

AdelHamed

Amr Abdelhady

Ayman Zayan

10:15 - 10:30

Scapulothoracic Abnormal Motion

Abdulaziz F. Ahmed

10:30 - 10:45

Rehabilitation of Scapular problems

Karim Abdelkawy

10:45 - 11:00

New Era of Regenerative Medicine in Orthopedics

Maysa Ibrahim Mohamed

11:00 - 11:15

Management of acute and chronic Pectoralis Major Tear

Ahmed Maher

Coffee Break - Friday Prayer

11:15 AM – 12:30 PM

Cases Scenarios:

12:30 - 12:40

Case 1: Usama Hassan

12:40 - 12:50

Case 2: Hassan Al Lawati

12:50 - 01:00

Case 3: Ahmad Hany Khater

Discussion : 10 min

Panel:

- Adel Hamed
- AhmedHany Khater
- Amr Abdelhady

- Hassan Al Lawati
- Hatem Abo El-Magd



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01:10 - 01:20

Freedom knee 7 Radii Kinematics

El-Tayeb Nasser

Session 7 (TKR)

Chairpersons:

Ahmed Hassan
Ahmed Morra

Ahmed SamyKamel
Ibrahim Badran

01:20 - 01:35

Fundamentals of Primary Knee Replacement

Hosam Raslan

01:35 - 01:50

Correction of Sagittal Deformities in TKR

Mohamed Mahran

01:50 - 02:20

Road Map to Revision Knee

Mahmoud Abdel Karim

Cases Scenarios:

02:20 - 02:30

Case 1: Ahmed Abdel-Aal

02:30 - 02:40

Case 2: Ibrahim Gado

02:40 - 02:50

Case 3: Fady Nabil

Discussion : 10 min

Panel:

- Ahmed Abd El-Aal
- Ibrahim El-Ganzoury
- Ibrahim Gado

- Radwan Metwelly
- Waleed Amr

03:00 - 03:10

Calcitonin:

Role inOrthopedics

Mohamed Awad

Break

03:10PM-03:20 PM



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Session 8 (Trauma)

Chairpersons:

Ahmed El-Gendy
Hosam Osman

Mohamed El-Marakby
Mohamed Zaki

03:20 - 03:35

Tips and Tricks in Management of Distal Radial Fractures

Ahmed Naiem

03:35 - 03:50

The use of Miniplates in Elbow and Forearm Fractures

Mostafa Mahmoud

03:50 - 04:05

Damage Control in Orthopedics

Baher Kaiser

Cases Scenarios:

04:05 - 04:15

Case 1: Mahmoud Fayed

04:15 - 04:25

Case 2: Owayed Al Mutairi

04:25 - 04:35

Case 3: Ahmed Emad

04:35 - 04:45

Case 4: Mostafa Mahmoud Abdelaziz

Discussion : 10 min

Panel:

• Abd El-Hakeem Abdallah
• Adnan Sebay
• Fady Nabil

• Mahmoud Fayed
• Owayed Al Mutairi

04:55 - 05:45PM

Revision TKR Workshop HANDS ON WORKSHOP

Moderator:

Ahmed Abdelaziz



QUARTZ
EVENTS SOLUTIONS



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WHEN **CREATIVITY** MEETS **PROFESSIONALISM**